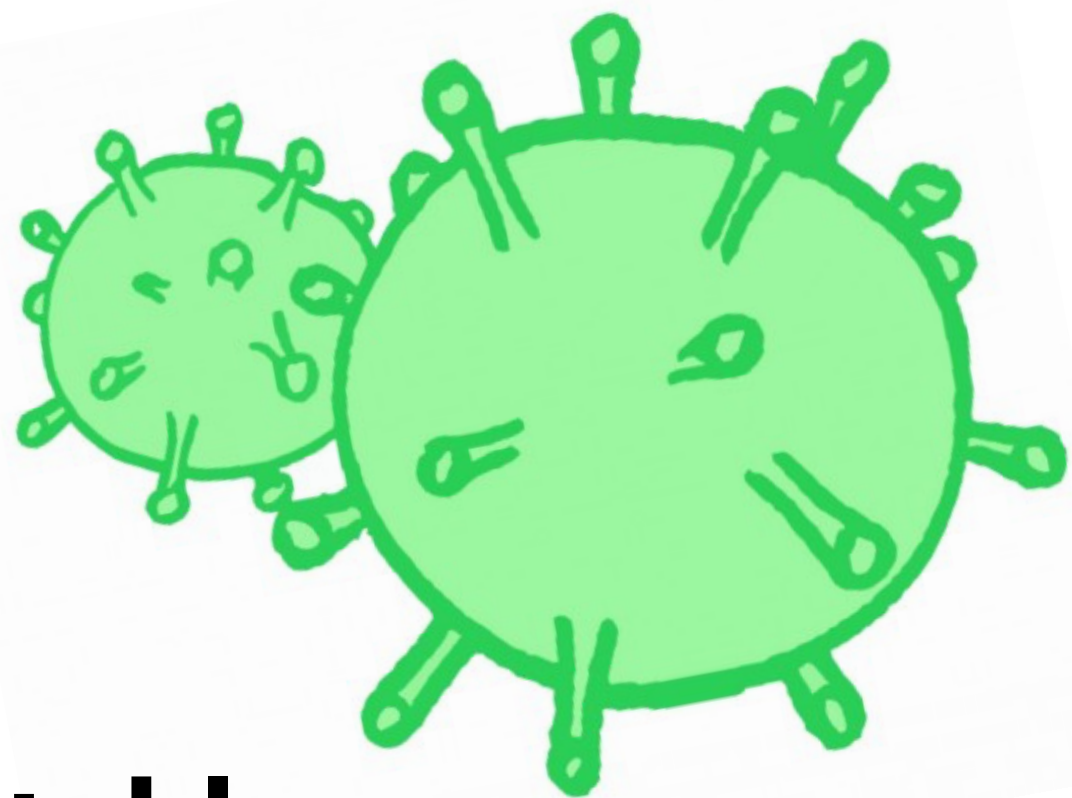


SEXUALLY TRANSMITTED INFECTIONS (STI)



Treatable

Through oral, anal, vaginal sex, and sharing blood:

- HIV
- Hepatitis B

Through oral, anal, and vaginal sex, and skin-to-skin contact:

- Genital Herpes
- Genital Warts

STI Prevention

- Don't have sex.
- Use condoms and sex dams
- Get tested every 6 months, or with each new partner

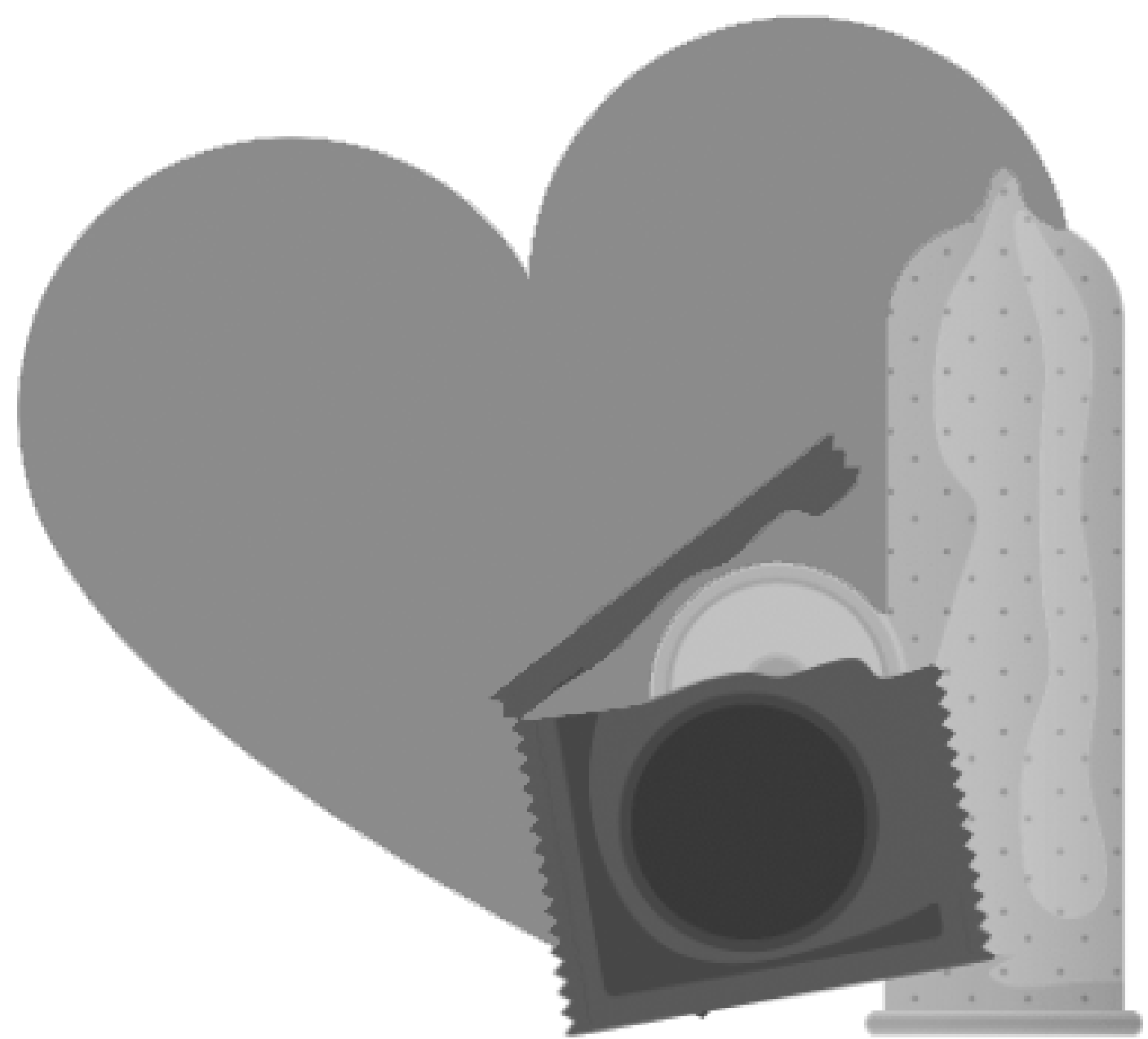
Curable

Through oral, anal, and vaginal sex:

- Chlamydia
- Gonorrhea
- Trichomoniasis
- Hepatitis C

Through oral, anal, and vaginal sex, and skin-to-skin contact:

- Pubic Lice
- Syphilis



How do you know if you have an STI?

Skin Changes: Lump, bump, rash, or sore

Irritation: Hurts to pee or feel like peeing but nothing comes out

Genital Itching: Ongoing itching in the pubic area

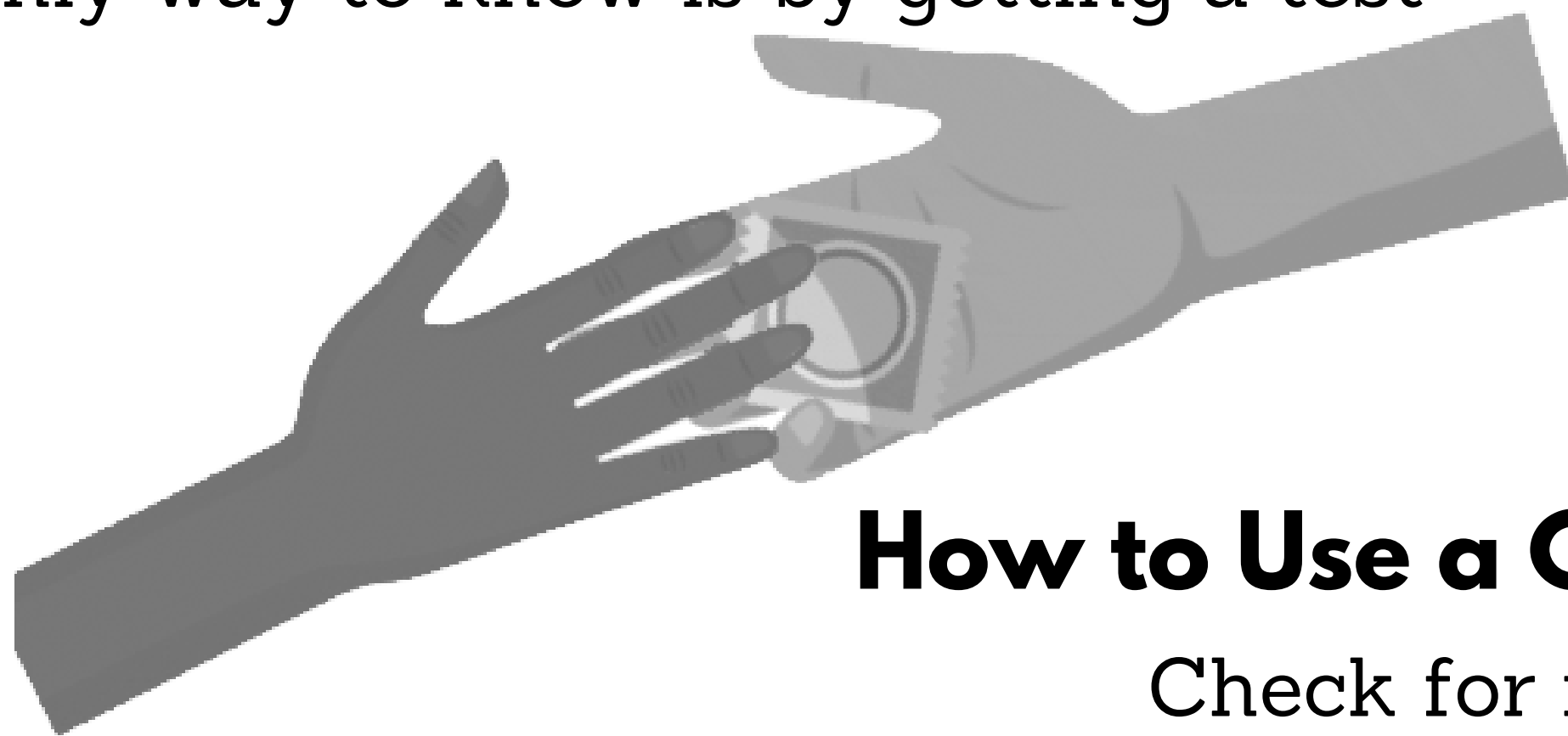
Noticeable Pelvic Pain: Pain around lower back/stomach

Sex Organ Discharge: Fluids coming out of vagina, penis, or anus that are different for you.

There are often no signs of an STI
The only way to know is by getting a test



Scan this code for a video on using condoms or check out teentalk.ca



How to Use a Condom

Check for rips/holes

Check the expiration date

Open and unroll 1 notch

Hold the tip with a 3-finger pinch

Roll down with your other hand

What to Expect at an STI test

Pee in a cup

Blood sample

Sometimes a swab of the mouth, or anus

Teen Clinics and Nursing Stations are great places to get tested. They are 100% confidential.

Find a clinic at teenclinic.ca

