

CAREER AWARENESS

Developing an understanding of who you are – your values, interests, aptitudes, abilities, personal traits and desired life style – will put you in a better position to evaluate educational options and career alternatives best suited to you.

Answering the following questions can help you develop an awareness of career possibilities, and may help you develop further questions which are more specific to your needs and desires. There are no right answers. This is the starting point for you to identify the kinds of work you will find most rewarding.

1. What kind of work do you like to do?
 2. How can your skills and interests influence your life and work decisions?
 3. Where can you acquire information related to job possibilities and career interests?
- Begin your career development journey by completing one or more [self-assessments](#) to gather information about yourself to assist your decision making process. Developing an understanding of who you are – your values, interests, aptitudes, abilities, personal traits, and desired life style will put you in a better place and position to evaluate educational options and career alternatives best suited to you.

Below are other websites that may help you in understanding what your pathway for life is.

Monster Career Centre Personality Tests
<http://content.monster.com/tools/personality/>

Personality Tests Online
http://www.geocities.com/career_personality_test/#Career

Jung Typology Test / Myers-Briggs Typology
<http://www.humanmetrics.com/cgi-win/JTypes2.asp>

MAPP Motivational Appraisal of Personal Potential
<http://www.assessment.com/MAPPMembers/Welcome.asp?accnum=06-5419-000.00>

Psychometrics – Free Online Testing
<http://www.psychometrics.com/online/index/cfm>

Self Assessment for Self Employment
<http://www.workingfromhome.com/quiz/test.php>